

Menu subject to change according to what is fresh, local and in season.

MVWSD - Middle School		MENU MAY 2024		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Grab & Go * Chicken Caesar Salad w/ Fresh Baked Dinner Roll w/ Ranch Dressing</p> <p>Deli * Hot Buffalo Chicken Philly Sandwich on Hoagie Roll w/ White American Cheese</p> <p>Vegetarian Garden Burger (v) w/ Baked Seasoned Fries w/ Lettuce & Tomato</p> <p>Noodles * Cheese Tortellini (V) w/ Parmesan Cheese & Marinara Sauce</p> <p>Home Plate Favorites Spicy Chicken Sandwich w/ Baked Seasoned Fries OR Cheese Burger w/ Baked Seasoned Fries & Lettuce & Tomato</p>	<p>Grab & Go * Southwest Chicken Tender Tortilla Wrap w/ Corn Salsa & Veggies Ranch Dressing Cup</p> <p>Deli * Turkey & Cheddar on Fresh French Bread w/ Tomato & Lettuce</p> <p>Vegetarian * Fresh 2 cheese Grilled Quesadilla</p> <p>Noodles * Spaghetti Marinara w/ Mozzarella Parmesan Cheese (V)</p> <p>Home Plate Favorites New York Pizza Pepperoni Pizza Slice OR New York Pizza Cheese Pizza Slice (v) Pizza Delivered Fresh</p>	<p>Grab & Go * Turkey & Cranberry w/ Jack & Cream Cheese Tortilla Wrap Ranch Dressing cup</p> <p>Deli * Hot Roast Beef Philly Sandwich Peppers & Onions & Cheese</p> <p>Vegetarian Bean & Cheese Pupusa w/ Fresh Salsa & Cabbage</p> <p>Noodles * Macaroni & Cheese (V) *</p> <p>Home Plate Favorites Crispy Chicken Leg w/ Baked Curly Fries Fresh Salsa on Salad bar Pasta Salad on Salad Bar</p>	<p>Grab & Go* Crispy Chicken Tender Tortilla Wrap & Fresh Veggies Ranch Dressing Cup</p> <p>Deli * BBQ Pork Sliders on Fresh Mini Buns</p> <p>Vegetarian Cheese Bites w/ Marinara Sauce Cup</p> <p>Soup * Chicken Pozole Soup w/ Tortilla Chips</p> <p>Home Plate Favorites Beef Street Tacos 2 ea. w/ Cilantro & Onions & Fresh Salsa Jalapeno Cole Slaw on Salad Bar</p>	<p>Grab & Go * Asian Chicken Salad w/ Wontons Strips & Roll and Mandarin Oranges W/ Asian Dressing</p> <p>Deli * Turkey & Cheddar on Fresh French Bread w/ Tomato & Lettuce</p> <p>Vegetarian * Grilled Cheese on Texas Toast (V)</p> <p>Noodles * Broccoli Beef Stir-fry w/ Noodles</p> <p>Home Plate Favorites Crispy Chicken Tenders with Loaded Mashed Potato's w/ Cheddar Cheese & Bacon Bits</p>

All entrees are Freshly Prepared and meet HHFKA/USDA Standards. Entrees are served with our fresh, local, Fruit and vegetable bar.

BREAKFAST :

Served Daily:

ASST. Cereal Cups

Bagel & Cream Cheese

Fresh Fruit & Yogurt

Parfait Cups

BREAKFAST :

MON: Fresh Pan Dulce Bun

Tues : Waffles & T-Sausage & Hash brown

Wed: Fresh Baked Chocolate Chip Muffin

Thurs : Bacon- Potato & Cheese Breakfast Burrito

Fri: Hot T-Ham & Cheese C on Fresh Baked Croissant



Juice Day

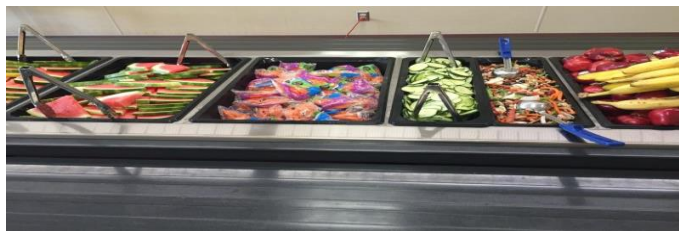
Tuesday & Thursday

DAILY MILK:

Chocolate Non Fat

1% low Fat White

Non Fat Milk



Made Fresh In House
Has Asterix * * *

BEEF

PORK

VEGETARIAN (v)

TURKEY BACON -T. BACON

You may qualify for free or reduced price meals. Applications are available at all schools, on line and the district office. For questions regarding the food service program you can call the food service office at (650) 903-6965.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.